

Sibford Gower Endowed Primary School
Sex and Relationships Education (SRE)

Summary of Scheme of Work

This scheme of work aims to promote sex and relationships education as a developmental process, which progresses at an appropriate level throughout the whole school.

SRE for Key Stage One

For the younger children, sex and relationships education is all around them, as many of their parents are having babies and in many story books about family life. Teachers will aim to answer children's questions factually correctly, but at an appropriate level, based on the class teacher's knowledge of children as individuals.

Y1/2

Learning Objectives	Resources which may be used include
<p>To know that we grow and change as do all living things.</p> <p>To know that some changes are social and that we become more independent and able to think about others as well as ourselves.</p> <p>To look at identity and self-esteem and reinforce the belief that we are all special.</p> <p>To name parts of the body.</p>	<p>SMILE..Again Framework</p> <p>Living and Growing video and materials Unit 1 video 3 "Growing Up" and related paper based resources.</p> <p>Story books about family life. Information books about human and animals. Visits from mothers with new babies. Visits from doctors, nurses and vets.</p>

SRE for Key Stage Two

As children get older, class teachers will continue to respond to children's questions at an appropriate level. However, more detail is needed to prepare children for the changes that take place in puberty. DfES Sex and Relationships guidance recommends that all children, including those who develop earlier than the average, need to know about puberty before they experience the onset of physical changes.

This is built into our framework as follows:

Year 3

Learning Objectives	Resources which may be used include
<p>To learn about lifecycles.</p> <p>To explore differences between male and female.</p> <p>To reflect on differences between male and female other than the physical.</p>	<p>SMILE..Again Framework</p> <p>Living and Growing video and materials – Unit 1: Video 1 "Differences" Video 2 "How did I get here?" which contains illustrations of sexual organs.</p> <p>Related paper-based resources. Story books about family life. Information books about human and animals. Visits from mothers with new babies. Visits from doctors, nurses and vets.</p>

Year 4

Learning Objectives	Resources which may be used include
<p>To learn about the physical and emotional changes that occur during puberty</p> <p>To consider some of the changes over which we have no control and the choices we can make concerning those over which we have no control</p>	<p>SMILE..Again Framework</p> <p>Living and Growing video and materials Unit 2 video 1 "Changes" and related paper-based resources</p> <p>Story books about family life Information books about human and animals Visits from mothers with new babies. Visits from doctors, nurses and vets.</p>

Year 5

Learning Objectives	Resources which may be used include
<p>To consider the physical changes that take place as girls and boys go through puberty.</p> <p>To ensure both boys and girls are aware of the changes that occur as girls become young women and as boys become young men.</p> <p>To address any concerns and worries our pupils may have about becoming young women and young men.</p>	<p>SMILE..Again Framework</p> <p>Living and Growing video and materials Unit 3 video 1 "Girl Talk " and video 2 "Boy Talk" and related paper-based resources</p> <p>Story books about family life. Information books about human and animals Visits from mothers with new babies. Visits from doctors, nurses and vets.</p>

Year 6

Learning Objectives	Resources which may be used include
<p>To explore the idea of relationships, including friendships, parent-child and family relationships.</p> <p>To learn how babies are made.</p> <p>To learn how a baby develops in the womb during pregnancy and how babies are born.</p> <p>To consider the needs of babies before and after birth.</p> <p>To reflect on roles and relationships in the family.</p>	<p>SMILE..Again Framework</p> <p>Living and Growing video and materials</p> <p>Unit 2 video 2 "How babies are made ", which contains animation of sexual intercourse. Video 3 "How babies are born?", which contains footage of a live birth, and Unit 3 video 3 " Let's Talk about sex", which contains discussion of homosexuality -and the related paper-based resources.</p> <p>Story books about family life Information books about human and animals Visits from mothers with new babies. Visits from doctors, nurses and vets.</p>

To ensure that sex and relationships education is integrated into the framework for PSHE and not isolated, taken out of context or over-emphasised in any way, much of this work will link with other areas, especially Social and Emotional Literacy as well as other curriculum subjects, particularly Science and RE.

This will be delivered within a broad and balanced programme of health education, part of which will be in the form of "Healthy Week" taking place each year which will focus on a variety of healthy lifestyles choices.